

More about JOSE



- **Non-profit organisation that aims to help people with learning difficulties in the North Karelia region**
- **Established in 1998**
- **Provides information, support, activities and hobby courses**
- **Activities are targeted to people with learning difficulties, their loved ones, professionals and anyone interested in learning disabilities**

JOIN US

Become a member of JOSE!
www.lukijose.fi

Membership fee 27 €/year
Supporting member 50 €/year

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CONTACT

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Instagram:

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YouTube:

Joensuun seudun erilaiset oppijat ry



Illustrations: Roosa Halonen



JOSE

Joensuu Regional
Association for
Diverse Learners

DO YOU HAVE...

- ▶ Challenges with spelling or understanding written text?
- ▶ Trouble filling out forms or reading maps?
- ▶ Difficulty telling the difference between 59 and 95?
- ▶ Problems with concentration?
- ▶ Close relatives with learning disabilities?

You may have a **learning disability**, like approximately one in every five of us.

A person with a learning disability has a different way of learning and processing information, due to **differences in their brain structure and functions**.

A learning disability may manifest as challenges such as dyslexia, developmental language disorder, difficulty in mathematics, difficulty with perception and attentiveness issues.



WHAT HELPS?

- Knowledge is power!
- Learn to utilise different learning aids and applications in your everyday life.
- Discover your strengths.
- Ask your special education teacher, student guidance counsellor or amanuensis about different opportunities for individual study arrangements.
- Talk about your learning disability at the workplace and negotiate special arrangements.
- If you need support, be in contact with JOSE. No diagnosis is required.



JOSE OFFERS



- Information about learning disabilities
- Reading and writing assessment (only in Finnish for native speakers)
- Individual learning guidance
- Language courses, arts and crafts classes and learning courses
- Learning aids and courses on the uses of learning aids
- Spaces available for reservation to work in a peaceful environment
- Peer support
- Advocacy for diverse learners
- Opportunities for volunteer work

