

More about JOSE

- non-profit organisation that aims to help people with learning difficulties in the North Karelia region
- established in 1998
- provides information, support and activities
- activities are aimed at people with learning challenges, their loved ones, professionals and anyone interested in learning disabilities



JOIN US

Be a member of JOSE!
www.lukijose.fi

Member fee 27 €/year
Supporting member 50 €/year

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Facebook:

JOSE Joensuun seudun erilaiset oppijat

Instagram:

[joensuun_erilaiset_oppijat](https://www.instagram.com/joensuun_erilaiset_oppijat)

YouTube:

Joensuun seudun erilaiset oppijat ry



Kuvitus: Roosa Halonen



JOSE

Joensuu Regional
Association for
Diverse Learners

DO YOU HAVE...

- ▶ challenges with spelling or understanding written text?
- ▶ trouble filling out forms or reading maps?
- ▶ difficulty distinguishing between 59 and 95?
- ▶ concentration problems?
- ▶ close relatives with learning disabilities?

You may have a **learning disability**, like approximately one in every five of us.

A person with a learning disability has a different way of learning and processing information, due to **differences in their brain structure and function**.

A learning disability may manifest as challenges such as dyslexia, developmental language disorder, difficulty in mathematics, difficulty with perception and attentiveness issues.

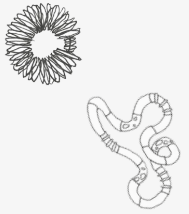


WHAT HELPS?

- Knowledge is power!
- Learn to utilise different learning aids and applications in your everyday life.
- Find out your strengths.
- Ask your special education teacher, student guidance counsellor or amanuensis about different opportunities for individual study arrangements.
- Talk about your learning disability at the workplace and negotiate special arrangements (tips for workplaces at lukijose.fi/materiaalipankki > learning disability and working life).
- If you need support, contact JOSE. No diagnosis required.



JOSE OFFERS



- Information about learning disabilities
- Reading and writing tests (*only in Finnish language for native speakers)
- individual learning guidance
- language courses, arts and crafts classes and learning courses
- learning aids and courses on the uses of learning aids
- spaces available for reservation to work in a peaceful environment
- peer support
- advocacy for diverse learners
- opportunities for volunteer work

